

Rudston



Newsletter

OCTOBER 2011



This month's Newsletter is kindly sponsored by:

MARGARET REED



www.rudston.org.uk
View on line



rosemitch@live.com



01262 420822 (Editor)

Editor's Piece.

Hello and welcome to this month's Newsletter.

What are your thoughts regarding the Thorneholme Wind Farm? Please look at page 12 and Crosslands Column page 10 and 11 regarding this., any views should be addressed to your Parish Councillor in the first week of October.

The Rudston Village Hall committee have come up with a great idea for raising funds : **"RUDSTON CINEMA "** . A chance to enjoy an evening with friends and family , brilliant !

I've heard we're due for even more of this warm weather after the poor summer we've had this year how can we but not be happy .

This month, there is lots going on in the village, Bingo, Harvest Festival Supper, John Walker's Slide show, Cinema, (showing Toy Story 3) Bridge Day, Craft Club Exhibition. So please come along, join in and enjoy !

Happy October to everyone.

Rosie

Editor

Announcements



**NORTH WOLDS LIONS
FARM YARD BINGO**

TUESDAY 18TH OCTOBER

RUDSTON VILLAGE HALL

**EYES DOWN 7.30PM
ALL WELCOME**

THE CHILDREN'S SOCIETY BOXES

I have recently taken over from Chris Gatenby, who has collected the boxes for funds for The Children's Society . If anyone would like a box in their home or business for loose change etc. would they please give me a ring and I will deliver a box to you. Telephone 420648
Many thanks to Chris Gatenby for her past efforts and to all those who have contributed . The last boxes collected raised £93

Margaret Reed

ALL SAINTS CHURCH SOCIAL COMMITTEE

We hope you will join us for the Harvest Festival Supper in the village hall after the Harvest Festival on Friday 7th October. Tickets are £3.50 each from Jean Corner 420422. There will also be a raffle. If anyone has anything to contribute to help our Harvest decorations such as flowers, fruit or vegetables please bring them to Church by 9.30 on the Friday morning.

We are holding a **Bridge Day** in the Village Hall on Wednesday 19th October so if you know anyone who is likely to want to get a table of 4 together please ask them to get in touch with Wendy Proctor or Jenny Herring who are the co organisers of this event. Coffee before play starts and lunch are included at £10 per person.

On Thursday 3rd November at 7pm in the Village Hall **John Walker** has agreed to give us another of his popular slide shows and talk about the local area. John is always obtaining new material so we are again in for an informative treat. Tickets are £3.50 to include a finger buffet and coffee or tea. Tickets can be bought from John Walker or Jean Corner. There will also be a raffle.

The Bosville Arms will host an Advent Coffee Morning on Friday 2nd December from 10am till 12pm so please save this date in your diary. Lets hope for better weather this year!

As you read about these events you will realise that we always need raffle prizes and people have been very generous in the past at giving Jean Corner gifts towards the various raffles we hold, so thank you for that and if you have anything suitable as raffle prizes Jean will be very grateful to receive them.

Thank you for your support in the past and we look forward to your support in these future events
June Sellers (Church social secretary) Tel 01262 420237

THE RUDSTON CINEMA
IS COMING TO THE VILLAGE HALL SHOWING

TOY STORY 3

on Friday 21st October
at 6.30PM

And

SOME LIKE IT HOT

on Friday 18th November at
at 6.30pm

Admission £2.50

*SOFT DRINKS , SWEETS, CRISPS, BISCUITS
ETC. WILL BE ON SALE AT EACH PRODUCTION*

This is a new venture for the village hall committee so we do hope you will come along on these evenings and support us and enjoy an evening of light entertainment among friends.

We do keep trying to arrange different entertainment for the village and will be grateful for any suggestions of things you would like in the way of entertainment.

RUDSTON VILLAGE HALL

As many of you will have seen the main hall has now been decorated and looks very clean and tidy once again, we do hope it will stay in this condition for some time.

We are also pleased to say the outside light has been fixed and it should make it easier for people using the steps outside in dark weather. The light switch is inside the main door and will need turning off prior to the last person leaving the hall. Hopefully the light will not be attacked by the vandals anymore in the future.

We would like to thank all the people who attended the Fun Day in August although the weather was not very kind to us the people who came along seemed to enjoy the day.

We apologise for the miniature railway not arriving, but it was cancelled due to ill health and we were not able to let people know in advance as this only happened two days before the event.

Due to the wind the birds of prey were unable to fly but people enjoyed being able to handle them.

Chris Myers who was the entertainment for the evening was a very versatile and talented musician, he gave us a varied programme of singing, keyboard, and ukulele musical pieces. All who heard him agreed that it was a very good evenings entertainment and was enjoyed by all.

Shirley Clark

WORD SEARCH

P L B A D C F M N O R T S A O V
D F A L C O N C B S B L Y O W B
R M P C A D L E L O C M V D L O
O P S L D C F B U N D Y R T S U
N E P R O M K D E G F G N H R L
B F D S R B C B T T D E O M V D
H L N T P D I O I H H R P B E T
C R E A B Y F G T R E M O R S D
N P D R R N M O O U D T A C G I
I M T L S D L O N S P A R R O W
F B D I E O M T S H T B I L M T
N T S N B C N R L A P R N O S P
E N D G R O O M T S L M O P R N
E R M T A O C B L A C K C A P E
R S L M B T T S U D F I B O M R
G P A G F L O B T S V D C N P W

BLACKBIRD

GREEN FINCH

SPARROW

BLUE TIT

SONG THRUSH

COOT

FALCON

WREN

STARLING

MOORHEN

OWL

B-----

Find the missing bird's name. Answer next month

RUDSTON NEWSLETTER ACCOUNTS AT 31ST AUGUST 2011

Balance at 01 September 10 215.95

Receipts

Advertising	62.50
Sponsorship	275.00
Extra copies of newsletter	100.00
Donations	69.30
Centrico Grant	650.00

Payments

Paper and toner	480.55
Balance at Bank at 31 August 11	893.20

1,372.75 1,372.75

At 31 August 2011 Bank Reconciliation Statement

Balance per Bank Statement	<u>892.20</u>
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The Bank Balance at 31st August 11 includes the £650 grant money from Centrico which is to be kept in case new printing equipment should be needed.

RUDSTON CRAFT GROUP

**In the Rudston Village Hall on
Sunday 30th October from 10am to 4pm**

Exhibition of Craft work, also Craft work for sale.

Tickets £1

Refreshments coffee/tea and biscuits £1

Soup and roll from 12pm till 1pm £1.50

Coffee/tea with cream scone from 1pm till 4pm
£1.50

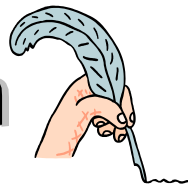
There will be a Raffle

All proceeds are in aid of :-

MACMILLAN CANCER SUPPORT
(worlds biggest coffee morning appeal)

Please come and support us

Crosslands Column



Parish Council meetings are still subject to regulation and the new practice of allowing members of the public to speak as described in last month's newsletter, is best accommodated by it taking place at the start. Therefore, the described time allowed will be before official business is conducted, though at the advertised start time of 7.30pm. Anyone having then spoken would be free to either leave the meeting or to stay quietly as "an observer". This is the intention for the 5th October meeting at least.

With thoughts already turning to next year's Queen's Diamond Jubilee, the Parish Council is being offered the chance of commemorative mugs with our name inscribed. They don't come cheap though and if members decide to take this up, I will recommend that no more than the minimum order of 36 be purchased. That could still be "covered" by Recycling receipts.

Around the end of August and early September we suffered from an outbreak of "fly tipping". Some on Woldgate included asbestos, which of course takes longer to organise removal. Most distressing were two incidents next to the Recycling bins on Burton Fleming Road. No sooner had some oil drums been removed than some large plastic ones took their place. Although East Riding of Yorkshire council have been good at clearance once reported, it would be helpful if we could get some idea of who is using the village as a dumping ground. It is probably a "million to one" chance but if you do happen to see anyone loitering suspiciously, to pull up nearby is usually enough to persuade them to move on. I was able to use my new found email skills to report these incidents, but the promptness of action may have been helped by others in the village

doing the same. Thank you.

A note now to any village organisations seeking funding: the village SOS Competition administered by the Big Lottery Fund. Parish councils can't apply for this, neither individuals or one organisation on behalf of another. Then the list of ineligible activities makes you wonder what is allowed! However, anyone interested can consult www.villagesos.org.uk/competition (later news was received that the deadline for this is 6th October , so it may be more for future interest)

Meanwhile we have already had one seemingly excellent suggestion for next year's Gas money (as referred to last month) which will be put to the Parish Council at the October meeting.

The official planning application has now been received for the Thornholme Wind Farm in the form of the thickest set of files and paperwork for ages. A special meeting was called to discuss and prepare the submission from the Parish Council, which will have taken place by the time this is read. It was interesting to see that the matter has made national news though, if only because it will spoil one of David Hockney's "Wold Views". I rather think we may have other comments!

After the October meeting the next scheduled one should be early December - date next time.

Phillip Crossland (Clerk)

Additional news after a Special Parish Council Meeting regarding the Thorneholme Wind Farm

As you will be aware, a planning application has been submitted for a wind farm with 9 turbines to be built in Thorneholme Field opposite the village. Whilst the Parish council is happy to give a response to this application, we would like to be sure that we reflect the views of the village as a whole. Consequently, could anyone who has a strong opinion, for or against, please contact their Parish Councilor in the first week of October to express that view.

Please note that Fiona Turner's phone number has changed since the last Newsletter was published. She can now be contacted on 421991

Neil Watson , Vice Chairman

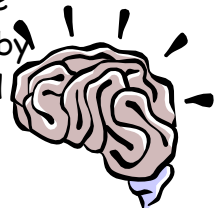
BRAIN TEASER

(Answer on page 18)

You are on an island in the middle of a lake. The lake is in a remote part of the country and there has never been a bridge connecting the island to mainland.

Everyday a tractor and wagon gives hay rides around the Island. Puzzled as to how the tractor had gotten onto the Island, you ask around and find out that the

Tractor was not transported to the Island by boat or by air. Nor was it built on the Island



Explain how the tractor got there?

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Church News



Vicar: Rev Glyn Owen (01262) 420313

Reader: Mr John Walker (01262) 603170

Rudston with Boynton, Carnaby and Kilham

October: Church services and news

2 nd	9.30am	Holy Communion + <i>Trailblazers</i>
7 th	6.30pm (Friday)	Harvest Festival followed by supper in the Village Hall
9 th	9.30am	Morning Prayer
16 th	9.30am	Holy Communion + <i>Trailblazers</i>
23 rd	10.00am	Grindale: Joint Benefices Holy Communion
30 th	6.00pm	Holy Communion

There is a service of Holy Communion each Wednesday Morning at 10.30am followed by coffee

From the Vicarage,

Rudston Heritage Project update: We recently had a very good meeting with plenty of energy and fantastic ideas to make more of what we have in the church and the village. There seemed three areas that people suggested we work at: First, ancient history, second, social history and Winifred Holtby and third, schools and young people's projects. We thought a small group should write and submit the actual bid for Heritage Lottery Funding drawing on information from the three areas. The next meeting will be on Saturday 8th October at 11am in the church. If you are interested, all are welcome and I hope we will think about work in the three areas.

In the meantime we are well and truly into harvest festival season; the time where we, like many before us, give thanks to God for all the

many blessings we have. Rudston's service will be on Friday 7th October followed by a very nice supper at the Village Hall.

Every harvest blessing to you,

Glyn

HALLOWEEN TREATS

TOFFEE APPLES

6 apples

6 wooden skewers, for holding the apples- ice lolly sticks will do.

225g demerara sugar 110 ml water

5 tspn vinegar 2 tblspn golden syrup

25g butter

Method : 1) Dissolve the sugar in the water over moderate heat. When dissolved, stir in the vinegar, syrup and butter. Bring it to a boil and cook without stirring until it reaches hard - crack stage (138c) or hardens into a ball when dropped in a jug of cold water. This should take around 10 minutes boiling time.

2) While the syrup is cooking, pierce each apple with a wooden stick. Once the toffee is ready, dip each apple into the hot toffee, turning it around in the syrup so that each one is fully coated.

3) Leave to harden on sheet of greaseproof paper or oiled tray before serving. If you plan to keep for a day or two, wrap in cellophane.

Kids, please ask an adult to help you with this recipe.

BEAT THE COLD AND FLU BUGS

To beat those colds and flu

You need to make sure your immune system is on top form to tackle infections. Improving your diet is a simple and effective way of building up your resistance to colds and flu. Aim to eat more fruit and vegetables, opt for at least 5 a day and make them as colourful as possible.

Go for **Berries**, such as **blueberries, blackberries, raspberries**, they supply vitamin c and folate to strengthen cells and help them fight infection.

Lean meats, for their iron and zinc, **cabbage and broccoli and kale**, a real weapon against a range of illnesses, thanks to their vitamin c content iron and immune boosting phyto-nutrients.

Citrus fruits for a burst of vitamin C and the phyto nutrient beta-carotene. One **orange** supplies all your vitamin c requirement.

Mushrooms, as they've been found to boost immunity.

Fish because it's a good source of selenium, which regulates blood pressure and controls inflammation, important for helping your body fight off illness. Fish also provides zinc and vitamin B6, both essential for making immune cells work.

Green Leafy Veg, such as **spinach, watercress, and rocket**, because they contain important nutrients for immune function, including iron and vitamin C and folate.

Nuts, especially **brazil nuts, pecans and cashew nuts**, as they're rich in zinc, helping support immune system.

Yogurt for a boost of healthy bacteria to help fight fungus-related infections.

Onions and Garlic for upping your intake of selenium as well as allicin, a compound with antiviral and antibacterial properties. Eat some sliced onion in salad every day over two weeks to build up your immune system.

Seeds including flaxseed, pumpkin and sunflower, for a boost of essential fats, which are important for helping your mucous membranes fight bacteria.

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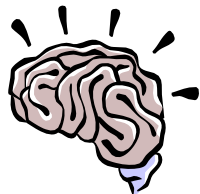
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MOBILE 07941645532

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The Brain Teaser (Answers from page 12)

It was driven over in winter when the lake was frozen.



Articles and letters to: Rosie Mitchinson Seaton Hs, Eastgate
Rudston Tel: 01262 420822 - Email: rosemitch@live.com

Telephone numbers, postal addresses and Email addresses printed in the Rudston Newsletter are in the public domain as the publication may be read by people from outside the village, either in its paper form or viewed on the website.

Contributors Please Note - Deadline for articles, letters or notices for the November Newsletter is 7:30 pm 22nd October Any received after this time may be omitted but included in the next issue if appropriate.
The above does not apply to bereavement notices and messages, which will be included if at all possible.

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DIARY OF FORTHCOMING EVENTS

7th Oct Harvest Festival Supper
8th Oct Rudston Heritage Meeting 11 am
18th Oct Bingo Village Hall 7.30pm
19th Oct Bridge Day Village Hall
21st Oct Rudston Cinema. Village Hall 6.30pm
30th Oct Rudston Craft Group Exhibition and Macmillan Cancer Support
3rd November Slide Show by John Walker Village Hall



Advertising

Business advertising is charged at the following rates:-

1/4 Page £2.50 per issue.

1/2 Page £5.00 per issue.

Full Page £10 per issue.

Contact the editor to discuss your requirements.

Please make cheques payable to - **Rudston Newsletter**.

Treasurer: Shirley Harland

Useful Phone Numbers - Local Services

MediBus 01482 395533 - E-mail: richard.willis@eastriding.gov.uk

Library van every other Monday Eastgate and Long Street, around 12.00

East Riding of Yorkshire Council - Customer Services Centres:-

Bridlington: Town Hall, Quay Road, YO16 4LP

Tel: 01262 422500, Fax: 01262 422509

Driffield: Council Offices, West Garth, YO25 6TP

Tel: 01377 255556, Fax: 01377 253655

James Cole - Milkman, delivers daily - 01262 609486

Chris Rudd - Wet fish, Wed. around 9 am - 605489, Mobile 07798 652675

Wells Butchery and Farm Foods - Tuesday & Friday - 470236

Trade directory

Clare Stephenson Pet care - 420659 or Mobile 07962143697

Stephen Cooper - Joinery & uPVC improvements - 420811 or 07590206629

Neil Jenkinson - Plumber - 420839 or 07856291737

Lister Windows - PVCu Specialist in Windows, Doors & Conservatories - 609991

B B Electrical - Electrical repairs, inspecting etc. 678354 or 07809 458760

Steve Mitchinson Plumbing and Heating 420822 or Mobile 07941645532

If you would like adding to the trade directory - let the editor know - it's free!!